Use the following to lead an Ignatian meditation on John 20:1-9.

In a few moments, we are going to break open the Word of God and engage in an Ignition meditation. We will pray through a passage a few times and actively place ourselves in the story. As we do this, try and imagine not just what is happening but how the environment feels within the story.

Begin with the Sign of the Cross.

Holy Spirit, we invite you into this place. Fill our hearts with your wisdom as we read your Word. May your love continue to guide us as we come to know you more. Amen.

As we hear this passage for the first time, carefully listen for the main points of the story. Who is there? When and where is this happening? What is happening?

Slowly read John 20:1-9. Pause for a few moments of silence.

While listening to the passage a second time, use your imagination to fill in the details. What do the people look like? How do they interact with each other? What does the tomb smell like? What does the burial cloth feel like? What is the overall mood?

Slowly read John 20:1-9. Pause for a few moments of silence.

As I read this passage one more time, place yourself in the story. Who or what are you? Are you a person in this story or something else entirely? How does the environment impact you? What are you doing, thinking, or feeling?