



306 MORRIS AVENUE, SUMMIT, NEW JERSEY 07901
P: 908.277.3700 | F: 908.273.5909 | st-teresa.org

DIY SERVICE IDEAS

Greetings,

As Catholics, we are called to be other-centered and give of ourselves for others. Jesus shares in the Gospel of Matthew: *“Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me.”* - **Mt. 25:40**

As part of the St Teresa Faith Formation Program, those in our Middle School Program (5th – 8th Grades) are asked to complete 10 hours of community service. The log sheet that accompanies this information can be used to keep track of your service hours. Please submit the completed form by June 2020.

If you have any questions, or need help, please contact David Carvalho, Director of Youth Ministry, at davidc@stteresaavila.org.

1. Baking desserts or muffins, prepare breakfast to-go bags, or collect other needed items and drop off at the Community Soup Kitchen in Morristown (see attached flyer).
2. Collect non-perishable food items for Loaves and Fishes Food Pantry and drop off in the main vestibule of St Teresa's.
3. Make sandwiches for the St Joseph's Outreach Center in Elizabeth (cold cuts, cheese, or pb&j). You can contact Ilda D'Onofrio (igdo@aol.com) who is the St Teresa contact, or contact the Center directly at 908.352.2989 to coordinate getting sandwiches to them.
4. If there is a neighbor or family in need of help with a project, or relationship (especially if they are homebound) visit them, bake them something, or help them with items they may need done.
5. St Jude's Hospital has a charity opportunity where individuals can play video games to help them raise money to fight childhood cancer. The link is here : <https://www.stjude.org/get-involved/other-ways/video-game-charity-event.html>
6. Color a Smile, which has individuals volunteer to create drawings and pictures that are then given to senior citizens, meals on wheels programs, and veterans. The link is here: <https://colorasmile.org/>

PILLARS of FAITH





COMMUNITY SOUP KITCHEN

GET INVOLVED



A wide variety of volunteer opportunities can be found at the Community Soup Kitchen & Outreach Center. If you're interested in helping on our serving line, working in our kitchen or assisting with our Free Farmer's Markets, please contact our office. To get started, you'll attend a brief orientation and engage in a work activity.

Here's a sampling of other projects that can help Community Soup Kitchen guests. New ideas are always welcome!

VOLUNTEER OPPORTUNITIES FOR ALL AGES:

Conduct a non-perishable food drive at your business, school or congregation based on our Current Needs List posted on our website: www.cskmorristown.org. Typical items include shampoo, soap, toothpaste, toothbrushes and deodorant for our guests.

Prepare Breakfast-to-Go bags for our guests to take home. For example, a small box of cereal, shelf-stable milk, granola bar, juice box, a small can of fruit or similar non-perishable food items.

Participate in our HUNGER WALK in October. Walkers track Community Soup Kitchen guests' stories and experiences through cards handed out during the event. For more information, please visit www.cskmorristown.org.

Bake homemade muffins or desserts and deliver them to the Community Soup Kitchen.

Collect sleeping bags, blankets, coats (gently used or new in adult sizes), mittens, scarves and new socks.

Run a bake sale or lemonade stand and donate the proceeds to the Community Soup Kitchen.

If you're working on a project to support the Community Soup Kitchen, we'd love to hear about it! Please call us at 973-267-0709, ext. 203.

Donation drop off times are Monday through Friday 9:00 - 11:00 a.m. and 1:00 - 3:00 p.m. at the Community Soup Kitchen, 36 South Street, Morristown, NJ 07960.

Your generosity is greatly appreciated and truly makes a difference in the lives of our guests.

For more information, please contact Julie Hess at julie@cskmorristown.org or call 973-267-0709, ext. 203. Thank you!



SAINT TERESA OF AVILA

SERVICE LOG

306 Morris Avenue, Summit NJ 07901 | 908.273.6975 | st-teresa.org

Service Grade: _____

Must be completed and returned to St Teresa Faith Formation

This is to certify that

 Student Name (print clearly)



Volunteered at:	Date:	Hours:	Organization Representative Full Name & Phone Number:	Organization Signature:

5th - 8th GRADE: 10 hours