



306 MORRIS AVENUE, SUMMIT, NJ 07901

ST TERESA OF AVILA

AUGUST 24, 2025

TWENTY-FIRST SUNDAY IN ORDINARY TIME

SUMMER MASS SCHEDULE

All Masses will be held in Church

IN EFFECT JULY 1 - SEPT 1

Daily

7:00 am ☎

Saturday

8:30 am ☎

Confession to follow

4:00 pm (Vigil)

Sunday

7:30 am

10:30 am ☎

12:00 pm (Spanish)

5:00 pm

☎ Mass also available via livestream

CHURCH HOURS

Monday - Friday

6:45 am - 4:00 pm

Saturday

8:00 am - 9:30 am

Sunday

7:00 am - 1:00 pm

and

4:45 pm to 6:00 pm

SUMMER OFFICE HOURS

Appointments requested

Tuesday & Thursday

10:00 am - 4:00 pm

Wednesday

10:00 am - 7:00 pm

PARISH OFFICE

908-277-3700 | st-teresa.org

PRESCHOOL

908-277-6043 | stteresaofavilaschool.org

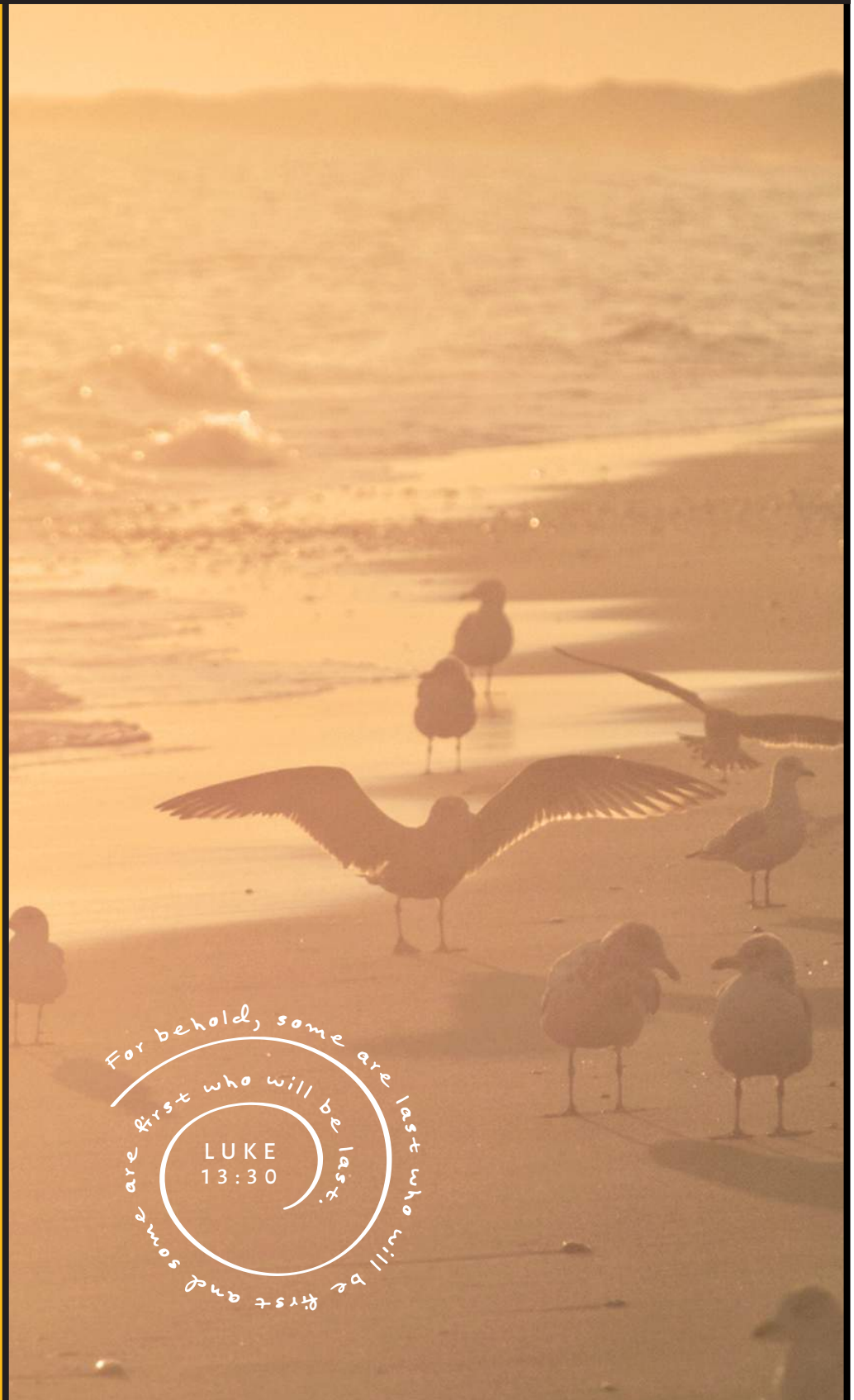
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WAYS TO GIVE



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Mass + Intentions

To request a Mass intention, please visit st-teresa.org/mass-intentions.

Saturday, August 23	8:30 AM	† Eleanor Winzler Hayes
	4:00 PM	† Megan Catherine Watson
Sunday, August 24	7:30 AM	† Antonietta & Giuseppe Martini
	10:30 AM	† Agnes Palumbo
	12:00 PM	† Hilda Gonzalo
	5:00 PM	† John Iadarola
Monday, August 25	7:00 AM	† Audrey and Jeremiah Clark
Tuesday, August 26	7:00 AM	† Kendall Bolaños
Wednesday, August 27	7:00 AM	† James J, Cappeto, DMD
Thursday, August 28	7:00 AM	† Lori Ann Burton
Friday, August 29	7:00 AM	† J. Michael Canniffe
		† John Martin Flaherty
		† Michelina Ferrandino
		† Joseph J Oakes, III
		† Arthur Fricke
Saturday, August 30	8:30 AM	† Richard D Lennon
		† Dylan Faulkner
		† Carlo Catillo
		† Mary A Finnegan
		† Francis A Martin Jr
		† Karen Redfern
	4:00 PM	† David W Montgomery
Sunday, August 31	7:30 AM	† Luciano Pasqualina Pietrantouno
	10:30 AM	† Ghyslaine D'Meza
	12:00 PM	† Juana Castro Barahona
	5:00 PM	† Patricia Bailey



**August is national
Make A Will month...**

Leave a Legacy!

Prayerfully consider leaving a legacy
that will impact future generations.
Visit st-teresa.org/donate
for information on planned giving.



Stewardship Reflections...

"For behold, some are last who will be first and some are first who will be last." LUKE 13:30

Our cultural standards are different from God's standards. We often rank people by what they have, how powerful they are, or how successful they are. Jesus reminds us that God will not judge us by the same earthly standards. When God asks you, "What have you done with the gifts I have given you?" How will you respond?

"Y he aquí, hay últimos que serán primeros, y hay primeros que serán últimos." LUCAS 13:30

Nuestros estándares culturales son diferentes a los estándares de Dios. A menudo clasificamos a las personas por lo que tienen, por o por qué tan poderosos o exitosos son. Jesús nos recuerda que Dios no nos juzgara usando el mismo estándar terrenal. Cuando Dios te pregunte, ¿Qué has hecho con los dones que yo te di? ¿Cómo le responderás?



*May the souls of all
the faithful departed
rest in peace.*

**PATRICIA ANN MARTIN
ANTONY M VISOCCHI
PATRICIA M KIESER**



"A Time to be Healed"

PARISH SICK:
Don Criqui
Angela Amoia



FAITH FX is our family faith formation program for students in **Kindergarten and 1st grade**. It is designed to be a learning experience for both children and their parents. FX provides a safe, fun environment for our parish families to engage in a solid Catholic community, gain knowledge that will help them to grow in their faith, and foster a relationship with Jesus through experience. Parents and children attend FX sessions together.



QUEST is a faith formation program for students in **3rd, 4th, and 5th grades**. The mission of the program is to help our intermediate students grow closer to God through hands-on activities, games, discussions, friendship, and prayer. QUEST is a chance for your children to discover more about our faith and be engaged in small group settings.



ENCOUNTER/ENCUENTRO is the parish's First Communion Preparation program. It provides an engaging experience for parents and their children to gather to prepare for the sacraments of First Reconciliation and First Holy Communion and understand these beautiful sacraments more profoundly as they get ready to encounter Jesus in the Eucharist.



The **OCIA** program is designed for young people **ages 10-17** who are seeking to grow in their faith and receive a missing sacrament. This program aims to accompany our children and their families on this journey and assist them be in communion with the Catholic Church and the St. Teresa of Avila community through experiences of prayer, discussion, activities, and fellowship.

Where are **YOU** on the journey of **FAITH?**



The **OCIA** curriculum is designed for **adults 18 and older** who are seeking to grow in their faith. This program aims to accompany candidates and catechumens on this journey and will assist them to become fully initiated and active members of the Catholic Church and the St. Teresa of Avila community through experiences of prayer, discussion, discernment, and fellowship.



EDGE is a Catholic middle school youth ministry program for **6th-8th Grades**. A dynamic and faith-filled middle school ministry program designed specifically for young hearts and minds. Our aim is to guide and support your middle schoolers as they embark on a transformative journey of encountering Jesus and nurturing a deeper understanding of their faith.



The **PURPOSE** Confirmation preparation program for the 2025-2026 prep year invites candidates to explore and discover their purpose as active disciples in life and the Church. Using the Decision Point curriculum from Dynamic Catholic, candidates for Confirmation will be engaged in discernment, discussions, prayer, and service-learning opportunities that help them foster the spirit of saying yes and being open to having a deeper life with God.



The **STAND** high school ministry program is created for and energized by our students in **grades 9-12**. It empowers our youth to discover their calls to live as disciples of Jesus and learn to stand firm in their faith. STAND nights are in-person gatherings that bring youth together for various experiences of faith through community, prayer, learning, fun, and service.



REGISTRATION NOW OPEN

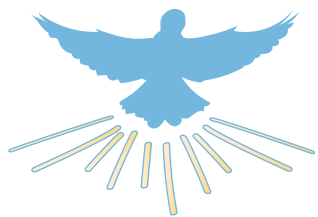
Visit the link below or scan the QR code to register!

<https://ff-sta.churchcenter.com/registrations/events>

Questions? Contact ff@stteresaavila.org



What CONFESSION Is — and What It's Not.



FR ALLAIN CAPARAS

Confession (also known as the Sacrament of Reconciliation) is one of the most beautiful and powerful encounters with God's mercy. In this sacrament, we receive absolution for our sins, are restored to grace, and are strengthened to live a holier life. It is where we say, "Bless me, Father, for I have sinned," and God responds, "I absolve you..."

However, from time to time, we need a gentle reminder of what Confession is not. It is not a counseling session. It is not the place for extended storytelling, background history, or processing our feelings. The priest is there in the person of Christ to hear your sins, not your entire life story.

The Church teaches that we should confess mortal sins in kind and number, and it is also good to confess venial sins. A good confession is brief, clear, and sincere. If deeper issues or emotional burdens need unpacking, your parish priest is always happy to set up a separate time for spiritual direction or pastoral counseling.

Remember: many others may be waiting in line. Please be respectful of their time and the nature of the sacrament. If it helps, prepare your confession beforehand by examining your conscience and writing down your sins. God already knows the details—He's just waiting for you to bring them to Him with a contrite heart.

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." —1 John 1:9

Fr. Allain Caparas is a Roman Catholic Priest for the Diocese of Camden. He currently serves as Pastor of Mary Mother of Mercy Parish in Glassboro, NJ. He was ordained to the Priesthood in 2006.

AN EXAMINATION OF CONSCIENCE

Via United States Conference of Catholic Bishops, "A Brief Examination of Conscience: Based on the Ten Commandments", (Washington, DC, 2013).

I. I AM THE LORD YOUR GOD: YOU SHALL NOT HAVE STRANGE GODS BEFORE ME.

Have I treated people, events, or things as more important than God?

II. YOU SHALL NOT TAKE THE NAME OF THE LORD YOUR GOD IN VAIN.

Have my words, actively or passively, put down God, the Church, or people?

III. REMEMBER TO KEEP HOLY THE LORD'S DAY.

Do I go to Mass every Sunday (or Saturday Vigil) and on Holy Days of Obligation?

Do I avoid, when possible, work that impedes worship to God, joy for the Lord's Day, and proper relaxation of mind and body?

Do I look for ways to spend time with family or in service on Sunday?

IV. HONOR YOUR FATHER AND YOUR MOTHER.

Do I show my parents due respect?

Do I seek to maintain good communication with my parents where possible?

Do I criticize them for lacking skills I think they should have?

V. YOU SHALL NOT KILL.

Have I harmed another through physical, verbal, or emotional means, including gossip or manipulation of any kind?

VI. YOU SHALL NOT COMMIT ADULTERY.

Have I respected the physical and sexual dignity of others and of myself?

VII. YOU SHALL NOT STEAL.

Have I taken or wasted time or items that belonged to another?

VIII. YOU SHALL NOT BEAR FALSE WITNESS AGAINST YOUR NEIGHBOR.

Have I gossiped, told lies, or embellished stories at the expense of another?

IX. YOU SHALL NOT COVET YOUR NEIGHBOR'S SPOUSE.

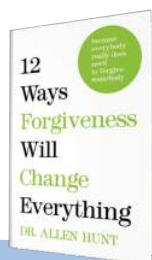
If Single: Have I seen someone else just as an object?

If Married: Have I honored my spouse with my full affection and exclusive love?

X. YOU SHALL NOT COVET YOUR NEIGHBOR'S GOODS.

Am I content with my own means and needs, or do I compare myself to others unnecessarily?

THE HEALING Bookshelf:



← "uplifting"

← "helpful"

← "inspiration"

12 Ways Forgiveness Will Change Everything
Allen Hunt | via Dynamic Catholic

Why is forgiveness the ultimate power tool? Because it's underrated and underutilized.

We too often forget that forgiveness can free us from the hurts of the past. Instead, we tend to hold on to our grudges. Forgiveness may not fix everything, but it can fill you with a newfound joy and passion in life. How powerful is that?



← "masterful"

← "eye-opening"

← "original"

Be Transformed
The Healing Power of the Sacraments
Bob Schuchts | via Ave Maria Press

God has already given us the perfect solution—the sacraments. Whether it is the wound of past hurts, the strain in our relationships, or the stress of daily life, we all need to be comforted and made whole by Christ. In this follow-up to his bestselling Be Healed, Bob Schuchts explains how the sacraments can fuel your emotional and spiritual healing and bring you closer to God.

BAPTIZED AND CHOSEN



God Bless HUDSON CHESTER



God Bless AZALEA JAIGH



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is
the
best
time
to
prepare
for
your
baby's
baptism.

Contact Victoria
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MINISTRY Board



We know we should reduce plastics, but what can we do with the plastics we already have? Some ideas include making pots for plants, decorating containers and using them to store supplies or jewelry or creating game pieces from plastic bottle caps.

Follow @laudatosimovement on Instagram for more fun ideas!

School News

St Teresa's has availability in our 3's and 4's program. If you are interested, please call the school office at 908-277-6043 for information and to set up a tour. Our school is a very special place and would love to have you join our family.

- Mrs Monaco

Welcome FALL CELEBRATION

— SUN | SEPT 14 —
9:30 am - 12:00 pm*

*Due to our wedding schedule, this event ends at 12 pm.



Donate to our planned activities and fun!
Contact the office or visit st-teresa.org/donate.

As many of our young people are heading off to college, let us keep them in our prayers!

I PRAY FOR...



STRENGTH -

that God gives them the strength to do what they need to do each day.



COURAGE -

that they will be brave as they face the challenges that are before them.



PEACE -

that their hearts will be calm and peaceful as they go through their day and in their sleep at night.



PROVISION -

asking God to provide for all that they need - for stamina, spirit, and finances - for each day.



DIRECTION -

that they will be led to embrace what is good and right.



PROTECTION -

that God keeps them safe in this increasingly unsafe world and protects them from harm and wickedness.



JOY -

that God fills them with the kind of bliss joy that can only come from the Divine.



COMPASSION -

that they will show compassion on those in need and who have less than they do.



JUSTICE -

to give them a sense of justice to stand up for what is right and to defend the weak.



WISDOM -

that they will grow in knowledge and understanding.



HOPE -

to give them the hope that comes from above - the kind that far exceeds what we have in the here and now.



LOVE -

that our children are filled with the love of God. That they will know how deeply they are loved, and that love will overflow onto others.

THE MISSIONARY COOPERATION APPEAL

IN SUPPORT OF

Wote Diocese in Kenya

Wote Diocese in Kenya was erected by The Holy Father, Pope Francis, on July 22, 2023 with territory dismembered from the diocese of Machakos, making it a suffragan of the metropolitan archdiocese of Nairobi, Kenya. At the same time, the Pope appointed Rt. Rev. Paul Kariuki Njiru as its first Bishop. Until his appointment, Bishop Kariuki was the Bishop of the Diocese of Embu.

Wote is the capital and largest town of Makueni County. Makueni County (Wote Diocese) borders Machakos to the North, Kitui to the East, Taita Taveta to the South and Kajiado to the West and covers an area of 8,008.9 square km (3,092.64 square miles). Makueni County has a population of 987,653 according to 2019 census out of which 388,946 (39.4%) is Catholic. With a total of 31 parishes there are 99 priests (90 Diocesan and 9 Religious Priests) an average of 3,928 faithful per priest. There are 36 Major Seminarians and 732 Catechists. There are 36 Major Seminarians and 732 Catechists.



With 39.4% of the population Catholic, there is a great potential to evangelize the rest of the population and Wote Diocese wishes to implement several strategies including:

1.

Priests to make appeals to active young adults and teens to consider a vocation to the priesthood or consecrated life at masses in the 31 parishes and at high schools when they are invited to offer mass at such schools.

2.

Wote Diocese to open new parishes and out stations to evangelize the communities at those locations.

3.

Wote Diocese and clergy to recruit and train catechists/ lay Catholic leaders to make an outreach to non-Catholics and lead the faithful to prayer on Sundays when a priest is not available.

4.

Since Makueni (Wote Diocese lacks many human services) Wote Diocese is seeking funds to support health programs like Mother and Child Health program at specific locations in the diocese to reduce maternal and child deaths.

5.

Raise funds to provide potable water to households and livestock to reduce waterborne diseases currently spread from existing water sources.

6.

Raise funds to provide food to famine-stricken and vulnerable population in the diocese on one part and on the other provide drought-resistant farm inputs to farmers and teach improved food production technologies to increase food production, reduce food shortages and eliminate famine.

Wote Diocese aims to provide humanitarian assistance to the needy in Makueni County irrespective of their religious affiliations.

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